

# Improve Patient Outcomes With



## Certificate in YOG Therapy



6 Month  
Programme



Globally  
Accredited



Eminent Faculties



Live session by  
Experienced Faculties



# ABOUT US

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The Integrated Institute of Medical and Health Sciences (IIMHS) is one of the fastest growing paramedical institute in India. IIMHS is flourishing under the Aegis of Innovative Education and Scientific Research Foundation. IIMHS was established in 2019 with a commitment to addressing the growing need for highly qualified and compassionate healthcare professionals.

Since its inception, IIMHS has continuously evolved to meet the changing demands and standards of the healthcare industry. The institute has a proud history of producing skilled professionals who have made significant contributions to the field of medicinal and health sciences. IIMHS offers various courses in Medical, Paramedical and Allied health Sciences to make the students skilful in their respective fields. We provide value-based education and offers best atmosphere for the overall development of the students.



We believe in overall values such as discipline, Self-evaluation and the acceptance of their responsibilities towards the society. We provide an atmosphere that encourages leadership and services to others through teamwork and co-operation. We provide a common platform where each student can show up their calibre in every field. We offer job-oriented and self-employment courses in regular, Distance and online mode, Which are valid in Govt. / Semi Govt. / Private sector in India. We provide admission guidance, Training & career counselling to seeking students

## Core values

**IIMHS is guided by a set of core values that include:**

- **Excellence:** A dedication to maintaining high standards in education and practice.
- **Compassion:** A commitment to providing patient- centered care with empathy and understanding.
- **Integrity:** Upholding ethical principles and professionalism in all endeavours.
- **Innovation:** Embracing cutting- edge practices and technologies to advance healthcare.
- **Collaboration:** encouraging interdisciplinary teamwork and partnership within the healthcare community.



# Certificate in YOG Therapy

**Certificate in Yog Therapy:** Yoga is a Group of Physical mental Spiritual Practice or discipline consisting largely of postures and asanas which helps in improving flexibility, maintenance body Posture muscle strength, Healthy lifestyle. Once after completing Yoga certification Course candidate can do job profile such as yoga specialist, Yoga advisor, Yoga consultant, Yoga instructor.

**Course Duration :- 6 Month**

**Eligibility :- 12th Pass**

**Medium of Instruction :- English / Hindi**

**Mode of Teaching:- Online/ offline**

**Scope:-** Schools, Colleges, Various Health Care Sectors, Home Based Services.

**Syllabus :-** Introduction to different school of Yog, Eight limbs of Yog, Shatkarma, Patanjali Yog Darshan, Bhagwadgita, Yogic Lifestyle, The theory of Panchkosha model, Concept of Aadhija Vyadhi and Practicals.



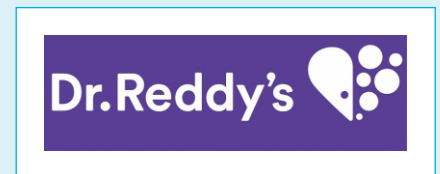


# Our Partners

## ACADEMICS



## INDUSTRY PARTNER



# Our Academic Collaboration



**Universities Recognized**  
**UGC: University Grants Commission**



**University Grants Commission**  
**Distance Education Bureau**

**B.Voc**

**B. VOC Course**  
**by UGC Recognition University**



**GNM**  
**by Indian Nursing Council accredited institution**



**D. Pharma**  
**by Pharmacy Council of India accredited university**

*IIMHS Will Provide Free Counseling, Admission Support, Theory, Practical Classes, Guidance, Training Support, Campaign, Internal Assessment and Placement Support.*

# Faculties Details

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**Dr. Nikita Paliya**  
M.Sc, MBA, PhD  
Director Academics, (IIMHS)



**Smt. Rama Badwani**  
Certified Yoga Teacher,  
SVYASA, Bengluru



**Smt. Ritu Shastri**  
Sanskrit Teacher



**Dr. Neeraj Medharthi**  
Ph.D in Yoga  
Assistant Prof. (IIMHS)



**Dr. Shakha Choudhary**  
BPT, MPT (Orthopedics)  
Faculty (IIMHS)



**Dr. Ruby Kumari**  
Ph.D. in (Biotechnology)  
Faculty (IIMHS)



# Gallery





**Free Counselling and 100%  
Placement Support**

**Call or Whatsapp: 8826266623, 7903205853**

**For any queries write us at :**

**[iimhscourse@gmail.com](mailto:iimhscourse@gmail.com)**



**+91-11-41020044, 8826266623, 7903205853**



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**[www.iimhs.org.in](http://www.iimhs.org.in)**



**Block – A, Gulab Bagh, Near Nawada Metro Station, Pillar No. 733,  
Uttam Nagar, New Delhi – 110059**

**Grab your Scholarship**





Regn. No.: ..... Roll No.: ..... Session: .....

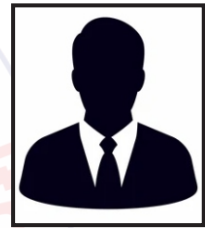
# Integrated Institute of Medical and Health Sciences

(Under Aegis of - Innovative Education and Scientific Research Foundation)



Registered Under Government of India, Under Indian Trust Act 1882

## Certificate Course in YOG Therapy



This is to certify that Miss./Mrs./Mr. Sample daughter of Mr. XXXXXXXXXXXXXXXXXX has been declared qualified in the examination held during the month of November 2020, by the Board of Examiners of Integrated Institute of Medical and Health Sciences, New Delhi, and has secured 1741 marks out of 2400 with FIRST Division

**Dr. SS Jha**  
Chairman

**Dr. Nikita Paliya**  
Principal IIMHS

- Recognized by the Government of India, Paramedical Council of India & several State Governments and their Undertakings Establishments.
- The Diploma-holder is eligible for the purpose of employment in Hospitals, Nursing Homes, PHC's, Health-Care Centres, Clinics in the Government, Semi-Government, Private and Voluntary Sectors etc. in all parts of the Country, under the provisions of Article 14, 15, 168 19 of the Constitution of India and Registration by the Employment Exchanges in India, vide reply to U.S.Q. No. 8956 on 10-5-1989 and the Diploma-holder is eligible for Registration of his/her name in any Employment Exchange in India of assistance in employment (vide reply to U.S.Q. No. 3718 on 7th December, 1988 in the Parliament of India (Lok Sabha) by Hon'ble Deputy Minister of Labour, Govt. of India, New Delhi and U.S.Q. No. 1739, on 25. 11.1988 in the Rajya Sabha by the Hon'ble Minister of Labour, Govt. of India, New Delhi
- The Diploma-holder may open his/her own Medical Laboratory in any part of the Country, subject to State Laws, or under the supervision of or in collaboration/association with a Pathologist or qualified Medical Professional in Western Modern System of Medicine

### NOTE:

- The Diploma is only valid, if presented with the Statement of Marks.
- Authenticity of this Diploma may be verified from IIMHS, New Delhi-59 before this Diploma is considered for any employment or post.



**NITI Aayog**

Regd. Office cum-Training Center: Near Nawada Metro  
Station Pillar No. 733, Uttam Nagar