

Improve Patient Outcomes With



Diploma in YOG Therapy



1 Year
Programme



Globally
Accredited



Eminent Faculties



Live session by
Experienced Faculties

ABOUT US

The Integrated Institute of Medical and Health Sciences (IIMHS) is one of the fastest growing paramedical institute in India. IIMHS is flourishing under the Aegis of Innovative Education and Scientific Research Foundation. IIMHS

was established in 2019 with a commitment to addressing the growing need for highly qualified and compassionate healthcare professionals. Since its inception, IIMHS has continuously evolved to meet the changing demands and standards of the healthcare industry. The institute has a proud history of producing skilled professionals who have made significant contributions to the field of medicinal and health sciences. IIMHS offers various courses in Medical, Paramedical and Allied health Sciences to make the students skilful



in their respective fields. We provide value-based education and offers best atmosphere for the overall development of the students. We believe in overall values such as discipline, Self-evaluation and the acceptance of their responsibilities towards the society. We provide an atmosphere that encourages leadership and services to others through teamwork and co-operation. We provide a common platform where each student can show up their calibre in every field. We offer job-oriented and self-employment courses in regular, Distance and online mode, Which are valid in Govt. / Semi Govt. / Private sector in India. We provide admission guidance, Training & career counselling to seeking students.

Core values

IIMHS is guided by a set of core values that include:

- **Excellence:** A dedication to maintaining high standards in education and practice.
- **Compassion:** A commitment to providing patient- centered care with empathy and understanding.
- **Integrity:** Upholding ethical principles and professionalism in all endeavours.
- **Innovation:** Embracing cutting- edge practices and technologies to advance healthcare.
- **Collaboration:** encouraging interdisciplinary teamwork and partnership within the healthcare community.



Diploma in YOG Therapy

Diploma in Yog Therapy: Yoga is a Group of Physical mental Spiritual Practice or discipline consisting largely of postures and asanas which helps in improving flexibility, Maintenance body Posture muscle strength, Healthy lifestyle. Once after completing Yoga certification Course candidate can do job profile such as yoga specialist, Yoga advisor, Yoga consultant, Yoga instructor.

Course Duration :- 1 Year

Eligibility :- 12th Pass

Medium of Instruction :- English / Hindi

Mode of Teaching:- Online/ offline

Scope:- Schools, Colleges, Various Health Care Sectors, Home Based Services.

Syllabus :- Introduction to different School of Yog, Eight limbs of Yog, Shatkarma, Patanjali Yog Darshan, Bhagwadgita, Yogic Lifestyle, The theory of Panchkosha model, Concept of Aadhija Vyadhi, Evidence based Yog therapy, Anatomy, Physiology, Psychophysiology of Yogic practices and Practicals.

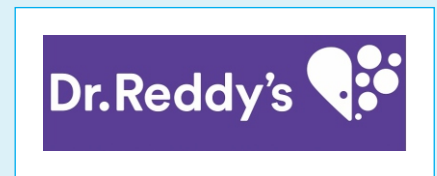


Our Partners

ACADEMICS



INDUSTRY PARTNER



Our Academic Collaboration



ज्ञान-विज्ञान विमुक्तये

Universities Recognized

UGC: University Grants Commission



ज्ञान-विज्ञान विमुक्तये

**University Grants Commission
Distance Education Bureau**

B.Voc

B. VOC Course

by UGC Recognition University



GNM

by Indian Nursing Council accredited institution



D. Pharma

by Pharmacy Council of India accredited university

IIMHS Will Provide Free Counseling, Admission Support, Theory, Practical Classes, Guidance, Training Support, Campaign, Internal Assessment and Placement Support.

Faculties Details



Dr. Nikita Paliya
M.Sc, MBA, PhD
Director Academics, (IIMHS)



Smt. Rama Badwani
Certified Yoga Teacher,
SVYASA, Bengluru



Smt. Ritu Shastri
Sanskrit Teacher



Dr. Neeraj Medharthi
Ph.D in Yoga
Assistant Prof. (IIMHS)



Dr. Shakha Choudhary
BPT, MPT (Orthopedics)
Faculty (IIMHS)



Dr. Ruby Kumari
Ph.D. in (Biotechnology)
Faculty (IIMHS)

Gallery



**Free Counselling and 100%
Placement Support**

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Grab your Scholarship



Regn. No.: Roll No.: Session:

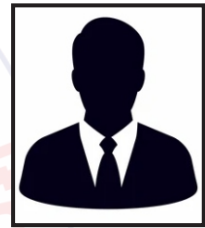
Integrated Institute of Medical and Health Sciences

(Under Aegis of - Innovative Education and Scientific Research Foundation)



Registered Under Government of India, Under Indian Trust Act 1882

Diploma Course in Diploma in YOG Therapy



This is to certify that Miss./Mrs./Mr. **Sample** daughter of Mr. **XXXXXXXXXXXXXXXXXX** has been declared qualified in the examination held during the month of November 2020, by the Board of Examiners of Integrated Institute of Medical and Health Sciences, New Delhi, and has secured 1741 marks out of 2400 with FIRST Division

Dr. SS Jha
Chairman

Dr. Nikita Paliya
Principal IIMHS

- Recognized by the Government of India, Paramedical Council of India & several State Governments and their Undertakings Establishments.
- The Diploma-holder is eligible for the purpose of employment in Hospitals, Nursing Homes, PHC's, Health-Care Centres, Clinics in the Government, Semi-Government, Private and Voluntary Sectors etc. in all parts of the Country, under the provisions of Article 14, 15, 168 19 of the Constitution of India and Registration by the Employment Exchanges in India, vide reply to U.S.Q. No. 8956 on 10-5-1989 and the Diploma-holder is eligible for Registration of his/her name in any Employment Exchange in India of assistance in employment (vide reply to U.S.Q. No. 3718 on 7th December, 1988 in the Parliament of India (Lok Sabha) by Hon'ble Deputy Minister of Labour, Govt. of India, New Delhi and U.S.Q. No. 1739, on 25. 11.1988 in the Rajya Sabha by the Hon'ble Minister of Labour, Govt. of India, New Delhi
- The Diploma-holder may open his/her own Medical Laboratory in any part of the Country, subject to State Laws, or under the supervision of or in collaboration/association with a Pathologist or qualified Medical Professional in Western Modern System of Medicine

NOTE:

- The Diploma is only valid, if presented with the Statement of Marks.
- Authenticity of this Diploma may be verified from IIMHS, New Delhi-59 before this Diploma is considered for any employment or post.



NITI Aayog

**Regd. Office cum-Training Center: Near Nawada Metro
Station Pillar No. 733, Uttam Nagar**